

Never Betray Myself

| A betrayal that sticks in my mind is:                   |
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| Did I have clear boundaries there? YES NO               |
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| Did I allow my boundary lines to be overstepped? YES NO |
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| What could I have done differently?                     |
| vviide could i have done differently:                   |
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"Forgiveness is the gift you give to yourself." ~Suzanne Somers